

Health Education England West Midlands School of Paediatrics Newsletter



February 21 Edition

Editor: Dr Alex Philpott – Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20th of each month.

Please only send content requests to faculty.support.team.wm@hee.nhs.uk

Message from the Head of School

Dear All

As I write this to you all I am aware that all of us are affected by the ongoing pandemic. Some will have Covid-19 and are hopefully recovering, some will be self-isolating, some will be deployed to work in acute Trusts or adult services and most will be covering for absent colleagues – the list is endless. Thank you to every single one of you who is doing something that 12 months ago they wouldn't have expected to have to do.

And while this is ongoing, we need to look after ourselves and each other. There are lots of fantastic [resources on the College website](#) and organisations such as [Frontline-19](#) are offering free psychological support to frontline staff.

For those of you who are redeployed, this hasn't happened without a huge amount of discussion between Trusts, the School of Paediatrics and your Responsible Office, Professor Russell Smith. There are clear principles as to how this should happen https://www.rcpch.ac.uk/resources/paediatric-training-redeployment-during-covid-19-surges?utm_source=Royal%20College%20Of%20Paediatrics%20and%20Child%20Health&utm_medium=email&utm_campaign=12099920_President%27s%20biweekly%20email%20%28c%20ameo%20Dr%20Hannah%20Jacob%29%20-%2015%20January%202021&dm_i=12S1,77CCW,6T2GR8,T6T56,1, and I am delighted to see that these have been co-created by Dr Will Carroll and the University Hospitals of North Midlands Trainee COVID-19 Winter Planning Group

While this is happening some business as usual still continues. The next diet of the virtual MRCPCH clinical exams is happening week beginning 15th February 2021. Good luck for all those taking the exam, and good luck for all examiners (including myself) who are navigating their way around systems that may be unfamiliar to them. We also have ARCPs – good luck for those who are being reviewed and a huge thanks to those who are undertaking the reviews.

As always in my introduction, I have an ask. Dr Nisha Pargass, MTI advisor, is stepping down from her role. We would like to thank Nisha for the huge amount of work she has done within the School – she leaves big shoes to fill. But I have no doubt that there is a consultant in the region who will rise to the challenge and join our Board. Please contact us if you think you are that person.

New to the stable of educational activities we have tailored for the West Midlands, I would like to draw your attention to our NEW Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic. This is an exciting new programme that is already running in some parts of the UK. We are exciting to work with the team and are looking to see the QI projects that are undertaken. See page 3 for more details.

My last sentiment this month brings me back to my opening paragraph. Thank you again for everything that everyone is doing. While I appreciate that there are challenges and disruption to training, you have my assurance that we will work together to ensure every trainee has the support they need to progress.

Best wishes
Alex

West Midlands School of Paediatrics Newsletter

TPD - ST1-3	Clare Onyon	Clare.onyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net

Media Information

Trainee website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

Facebook page: Paediatric Trainees in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions.

Inviting others to join prevents people from joining, as they do not have access to the security questions.

Starting SPRING 2021! - NEW Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic.

Please see flyer attached

Programme commences online 1st March for 20 weeks.

Combining e-learning with virtual workshops you will learn about leadership and management of change, putting what you learn into practice as you deliver a quality improvement project of your own. Our structured, science informed change pathway is accessible via your mobile, laptop or tablet with each tool/technique brought together in 3minuteQI® with associated worksheets.

This course utilises study leave funding along with approval from your Educational Supervisor in line with the usual Study leave process.

The booking code is: WMQIP

You can check out what we've said about the course here.

<https://qiclearn.com/clinical-leadership-management-project/>

West Midlands Paediatric Trainee Committee Update:

Educational Supervisor Feedback Forms

As we approach the end of our current rotations, just a reminder to complete the Health Education England West Midlands Paediatric Consultant Feedback Forms. These should be completed every 6 months for each consultant within a department. It is up to individual trusts how they wish to run the process of form completion but one suggestion that has worked well previously is within a Junior Doctor Forum setting. The completed forms should be returned to the RCPCH tutors and the anonymous feedback given to each consultant. The form is attached to the Newsletter, but can also be found on the Trainee Website under the section 'Documents, Downloads and Links'.

LTFT Trainee Survey

We would like to improve the rotational experience of LTFT trainees throughout the region and support local departments with forward planning of their rotas. We want to hear from all LTFT trainees in this short survey (please complete by 21st Feb):

<https://www.surveymonkey.co.uk/r/YFL78N6>

Questionnaire about Life Support Courses

We recognise life support courses have been cancelled/postponed or that places have been limited due to the pandemic and that this will have an ongoing impact on trainees' ability to access these courses. In order to assess demand and for centres to plan for extra courses, please can **ALL** trainees complete the following 5-minute survey (please complete by 14th Feb):

<https://www.surveymonkey.co.uk/r/B2LS8RK>

Mentoring

To support ST1s who have started their training in these difficult times, a trainee-led pilot peer mentoring project is being launched by IMG support network in liaison with Trainee Committee and Trainee Support Network.

Mentoring is known to create a positive impact on both a personal and an organisational level. If you are interested in being a mentee (ST1 trainee) or a mentor (ST2 and above), please register interest by emailing wmpaedmentoring@gmail.com.

RCPCH Trainees Committee Chair Election

Hannah Jacob, the current Chair of the RCPCH's national Trainees Committee, is coming to the end of her term of office and the process of electing a new Chair of the RCPCH Trainees Committee is underway. All Paediatric Trainees should have received details for voting via either online vote or paper ballot and the vote closes on Monday 8th February. Get voting!

Community Child Health

There is now a dedicated Community Child Health section on the trainee website created by Community Grid Trainees. This includes information on how to get the most out of a community placement, interview tips for aspiring grid trainees, as well as information sheets on common areas seen in community paediatrics that we hope you will find useful.

West Midlands School of Paediatrics Newsletter

<https://www.westmidlandspaediatrics.com/communitychildhealth>

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com

The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

Trainee Support Network (TSN) Update:

Please email WMPaediatricsTSN@gmail.com if you are interested in getting involved or finding out more about what we do!

Midweek Meet-ups

Thank you to all those who attended our WMPaeds Family Friday! It was lovely to see trainees (albeit virtually) who otherwise wouldn't get to see each other and connect.

Whilst we are all back in national lockdown, the Trainee Support Network want to offer an opportunity for paediatrics trainees to socialise via zoom on a fortnightly basis. We will be alternating our welfare-focussed sessions with some light relief, such as online games nights and quizzes. At time of writing, we are planning a game of Among Us for our next session at the end of January. Keep an eye out for emails from Ruth with details of specific events, which will usually be held on Wednesday evenings. If anybody has any suggestions for games, or would like to host a quiz, please do get in touch via the TSN email address.

Trainee welfare support

There are lots of resources available under the trainee welfare tab on the trainee website for trainees who feel they would benefit from extra support in these extraordinary times. The list of resources includes links to the Professional Support and Wellbeing Team, and the Practitioner Health Programme, both of which you can self-refer to if you need additional support.

Submitted by Cat Beatty (co-chair) on behalf of the Trainee Support Network.

Recruitment – Level 1 & 2

ST3 National Paediatric Training Recruitment 2021 - PANEL REQUIRED

Preparation work has started for ST3 National Paediatric Training Recruitment 2021.

The Paediatric National Recruitment Office (PaedsNRO) based in the West Midlands will be holding the online interviews for 2021 National Paediatric ST3 entry Recruitment.

The online interviews will be held on the following days:

West Midlands School of Paediatrics Newsletter

Monday 19th April 2021

Tuesday 20th April 2021

Wednesday 21st April 2021

Thursday 22nd April 2021

Friday 23rd April 2021

Monday 26th April 2021

Tuesday 27th April 2021

Wednesday 28th April 2021

The interviews will take place via MS teams and the panel will work remotely. Exact timings for the days will be provided closer to the date but it can be expected to be an 8am start with the hope of finishing no later than 5pm.

All panel members will be required to provide an up to date E&D certificate, previous interviewing experience is a bonus but not a necessity.

If you are **a consultant** and would be willing to be a panel member for us on one or more of the interview days can I please ask that you fill out a quick questionnaire following the link below:

<https://is.gd/ST3PanelPaeds>

Thank you as always for your continued support in making these interview days a success.

Any queries please do not hesitate to get in touch via PaedsNRO@hee.nhs.uk

Support a foundation doctor with their Paeds application!

The UK Aspiring Paediatric Society (UKAPS) have set up a Paediatric application support scheme for foundation doctors applying for paediatric training. They are recruiting current paediatric trainees who would be interested in providing advice to prospective trainees, applying for speciality training this Winter. Not everyone gets a job in paediatrics during Foundation years, so UKAPS want to level the playing field and give everyone the chance to have someone to talk to about their application and training experience.

To sign up, please complete the form via the link below. You can commit as much or as little time as you like to the scheme.

<https://t.co/hjJbyEoAXW>

Junior Doctor Study - Help Needed

Please see attached information leaflet

We're currently recruiting Junior Doctors to participate in an online survey looking at **working cultures, mental health, and suicidality**. This survey, alongside in-depth interviews, will identify any links between working conditions/cultures and poor mental health and suicidality. The findings will inform further research aiming to support Junior Doctors in the future.

We would like as many Junior Doctors as possible to complete the survey, and we, therefore, wondered if you could email the participant information leaflet and the survey link to the Junior Doctors within your school?

West Midlands School of Paediatrics Newsletter

The link to the survey is: <http://bit.ly/JuniorDoctorSurvey>

This study has HRA Approval. If you would like any further information on the study, our website is: <https://bit.ly/WorkingCulturesJuniorDoc>

If you have any queries, please email A.E.P.Dunning@bham.ac.uk

Qualitative study looking into experiences of participants of the new West Midlands Online Neonatal Journal Club

Please see attached study advertisement

If you are interested or have any queries, please email Rob.negrine@nhs.net

Postgraduate Virtual Learning Environment (PGVLE) Call for Volunteers

In the current situation we are looking for volunteers to help develop a teaching platform to both host and store teaching materials for future reference for trainees in Paediatrics. This will help to overcome some of the current challenges in delivering teaching and training as well as building a specialty specific resource. The platform has already been developed within surgery and is started to be developed now for other schools.

There is a good support system for using the platform but we want to build a faculty of enthusiastic trainees to guide the development of the resource for the specialty. We would be able to link into generic teaching from other specialties and potentially link to other resources.

The plan would be for this to replace the current zoom teaching platform and then this could be stored for trainees to refer back to as well as developing other resources.

Whilst we are not in a position to offer any remuneration for your contribution, it has been agreed that we can provide you with the honorary title of "Digital Teaching Fellow PGSoP HEE WM" whilst you are participating in the initiative.

It would be highly commendable to volunteer to participate in what is an exciting and worthwhile project, particularly at such an important and challenging time for the NHS and particularly trainees in training. The taking part in this piece of work will also be an interesting and valuable asset to your CV in the future.

It may particularly interest you if you are currently needing to work remotely even for a short period of time but the application is open to all trainees.

Your contribution is much appreciated and you will find further details on duties below. Please respond to facultysupportteam.wm@hee.nhs.uk with a short statement noting your interest by **Friday 12th February**.

Fellowship Description of Duties

As a DTF your role includes supporting the ongoing management and development of the Virtual Learning Environment for the School of Paediatrics. This will include

- Coordination of courses and resources
- Platform evaluation and development

West Midlands School of Paediatrics Newsletter

- Quality assurance and audit
- Administrative support and responsiveness.
- Broad engagement and negotiation with trainers and trainees

Your area of work will be focused on your specific training programme, however as part of the team you will be engaging with all specialty groups and certain duties will overlap.

Fellowship Period: 12 Months

Opportunities

This fellowship offers a supported way for those with an interest in education, leadership and innovation to enhance their CV in the most altruistic way i.e. to facilitate and enhance the learning experience of those around them.

During the course of your fellowship you will have responsibility for strategic development of your specialty environment which will allow you to develop as needed for yourself and your peers within the developing governance framework of the VLE.

If you have any questions please don't hesitate to come back to us.

Thank you

Faculty Support Team

ARCP's

Please find dates below for 2021:

Spring 2021 ARCP Dates:

Tuesday - 09/02/2021

Summer 2021 ARCP Dates:

Tuesday - 06/07/2021

Friday - 09/07/2021

Wednesday - 14/07/2021

Friday - 16/07/2021

Tuesday - 20/07/2021

Wednesday - 21/07/2021

If you have any specific queries about your ARCP please email Cherry Clarke in the Assessments Team via the email address above, or Dr Sarah Ellis, TPD for Assessments sarah.ellis@uhcw.nhs.uk

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric trainees who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/ networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!

Membership Exams - update

RCPCH have just posted another update to the RCPCH website about the adapted exam (see first link below) and published a Covid Adapted MRCPCH Clinical information hub (second link). The latter has an FAQs section as well as various resources that has been updated or developed to help candidates better understand the changes to the exam and know how to prepare for it. RCPCH will update this on a regular basis as they are continuing to work on creating guidance and materials.

<https://www.rcpch.ac.uk/news-events/news/mrcpch-clinical-exams-update-adapted-exam-august-2020>

<https://www.rcpch.ac.uk/resources/mrcpch-covid-adapted-clinical-exam-information-hub>

Free Online MRCPCH exam resource

<https://protect-eu.mimecast.com/s/lc-NCRPDYlgPZ7ZT9SWTT?domain=mrcpchmentor.com>

It gives us immense pleasure to share with you that there is an online platform for Paediatric trainees to practice in preparation for their MRCPCH Part 1 B(Theory and Science). It is completely free.

There timed mock exams for trainees to attempt online in real exam setting. The trainees can access our resources free at www.mrcpchmentor.com

Please forward these details to trainees who would be taking their MRCPCH Part 1 B exams. We are building our question bank and in near future we will be introducing MOCK practice exams for other MRCPCH exams.

We are also creating a new topic based section with link to reference, easy explanation and mapping with the college curriculum.

Neurology Forum

Please see attached flyer

Date: 11th February 2021

West Midlands School of Paediatrics Newsletter

Paediatric Anaesthetic Network Annual Study Day

Please see event flyer attached

Date: 26th February 2021

Upcoming meetings and Courses

Please note some courses below have been rearranged, cancelled or postponed in view of the COVID 19 outbreak.

Imperial College London – Masters Courses

Imperial College London runs a number of master's level courses aimed at healthcare professionals who wish to develop their knowledge and skills in a broad range of areas of

Paediatrics and Child Health. Further details on each course and fees can be found on the website:

<http://www.imperial.ac.uk/continuing-professional-development/short-courses/medicine/paediatric/msc/>

For any further information please contact **Eva Moreno** – Senior Programme Administrator cpd-dl@imperial.ac.uk

Join West Midlands Virtual MRCPCH Clinical Exam Revision Sessions

Dr Sawal, Dr Philpott & others have kindly volunteered their time to host weekly Clinical Exam revision sessions via Zoom. If you would like to attend these please:

1) Join the WhatsApp group by clicking the following link

<https://chat.whatsapp.com/BQady7iJZoHAjy2ydg1qdP>

2) Introduce yourself including your name, grade and place you are currently working.

3) Please send an email to fahadsiddiqui@nhs.net with the best email address for him to contact you on for Zoom login details & updates.

Please feel free to share this with any West Midlands paediatric doctors who are revising for the Clinical Exam

PEdSIG Winter Meeting - Last chance to book your tickets!

Please see attached flyer for event timetable.

Interested in paediatric medical education? Don't miss the Paediatric Educators' Special Interest Group Winter Meeting!

Date: Thursday 4th February 2021

Time: 13:00-16:30

Theme: Paediatric medical education in the COVID-19 era

Venue: Zoom

West Midlands School of Paediatrics Newsletter

Cost: Free for PEdSIG members and £5 for non-members

Full details & ticket booking at: <https://www.pedsig.co.uk/events/5-pedsig-winter-meeting-2021>

Welcome to the West Midlands

Please see attached flyer for booking details

Date: Thursday 11th March 2021

Time: 1:30pm – 4:30pm

NLS Provider Certificates - update from Resus Council

The Resus Council are providing extensions for ALS, ARNI, EPALS and NLS certificates that expire in 2020.

Please ask candidates who require the letter to email LMS@resus.org.uk with their request.

Certificates that expire between 1 January 2020 and 30 September 2020 an extension until 31 March 2021.

Certificates which expire between 1 October 2020 and 31 December 2020 will be extended by nine months.

Simulation

Regional Paediatric Simulation Courses

All of our courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>.

Please remember that if you have registered your interest, this does NOT mean that your space has been confirmed on the course.

If you have any queries about spaces on courses, please contact us:

Email: rwh-tr.paedsimed@nhs.net

Twitter: @RWT_paedsimed

Acute Behavioural Crisis in CAMHS (ABC in CAMHS)

When?

Monday 10th May 2021 – REGISTER YOUR INTEREST NOW CLOSED

Please be aware that 'Register your interest' for this event has now closed. We are working to confirm the candidate list and will email those who have already registered in due course to confirm places on this.

West Midlands School of Paediatrics Newsletter

Stepping Up to Enhance Performance at ST4+ Course (STEPS)

This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

When?

Monday 29th March 2021 - waiting list open. Please apply so that if we can expand on spaces or if there are last minute cancellations, we can contact you to join us.

SUDIC and Palliative Care course

We do not have any further dates for these courses in 2021. If we are able to host any further SUDIC or Palliative Care courses, we will use the newsletter and Eventbrite website to advertise spaces.

Return to Work

This course is for paediatric trainees who have been out of clinical practice for any reason (including parental leave, illness, OOPE or OOPC) and provides the opportunity to practice clinical scenarios that you may encounter on your first day back at work. The register for this is held by the Support Team at HEWM, so please contact supportt.wm@hee.nhs.uk if you would like to attend this course

Dates

26/02/21

Neonatal Simulation

SHINE Course (Simulation to Help In Neonatal Emergencies)

We are planning to run the next course virtually on the 9th March 2021. This course is highly rated by trainees and particularly useful for individuals stepping up onto the middle grade rota or returning to work. Anyone can register their interest but due to high demand, places will be offered on a priority basis, initially to level 2 and level 3 trainees, those returning to work after a period of absence, those stepping-up, those close to CCT and those with an interest in a career in neonatology.

Please email Diana Aguirre on d.aguirre@nhs.net if you are interested in attending this course, or future courses. Please make sure you include your full name, grade, place of work and why this course is important and relevant to your stage of training.

Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)

We are in the process of developing a communication skills course for Neonatal SPIN and GRID trainees to help develop compassionate communication skills in stressful, traumatic and challenging situations in neonates.

West Midlands School of Paediatrics Newsletter

The next session will take place on the afternoon of the 3rd of February 2021 and is again open to neonatal GRID and SPIN trainees. Please apply for study leave in the normal manner and email Diana Aguirre on d.aguirre@nhs.net to confirm your attendance by the end of January.

Thank you to all the neonatal SPIN and GRID trainees who have completed the communication skills questionnaire. If you haven't already done so please follow the link to the questionnaire below. Thank you for your time.

https://docs.google.com/forms/d/e/1FAIpQLSfI1Hlj02VuSaT2E1uaGcXqf-7qUaZOb1sB4-67-nfceBtZtQ/viewform?usp=sf_link

We would also very much value consultant experience on communication skills training so that we can incorporate this in the design of the course. If you haven't already done so, we would appreciate you taking 5 minutes to fill in the questionnaire below. Thank you for your time.

https://docs.google.com/forms/d/e/1FAIpQLSd_tJWM8ixw6fp99QXQJKI---qxCDxrWAbEEYb1QA5IOYy9w/viewform?usp=sf_link

PRAM Update by Rashmi Mehta and Tim van Hasselt

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

If you are interested in being involved in any of our projects, or have an idea for a future project, please email us at pramnetwork1@gmail.com. You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter [@PramNetwork](https://twitter.com/PramNetwork)

Best Wishes to Dr Kate Harvey

One of our founding members and Vice Chair of PRAM, Dr Kate Harvey has now stepped down from her current role. She had also been Chair of PRAM committee for two years before undertaking her role as a Vice Chair. We wanted to acknowledge all the hard work Kate has done over the last few years in strengthening PRAM's foundation and shaping its many projects. We would like to say a big thank you to her and wish her all the best for her future aspirations.

ST1-3 Regional training: Research and its basics:

We are looking to organise teaching for our ST1 to ST3 trainees as part of regional training, on 'Research and its basics.' Before that, we would like to hear more from you! If you are a Paediatric ST1 to 3 trainee, please fill in our short survey form to allow us to organise a teaching session you will benefit from. Thank you. Please click on the link below.

[ST1-3 Regional Research Study Day Survey Link](#)

Neonatal Subgroup Meeting

We had a fantastic meeting on the 14th October. Dr Mona Noureldein presented a great idea for looking at pulmonary hypertension secondary to chronic lung disease in West Midlands' babies.

West Midlands School of Paediatrics Newsletter

She will be doing pilot work and leading a meeting to work on the methodology. This project was further presented and discussed at the PECSIG meeting on 3rd December and has generated a lot of interest. Watch the space for this project in future.

Early Onset Neonatal Sepsis

We are delighted to announce that the results from the first stage of the Kaiser Permanente Sepsis Risk Calculator (KP-SRC) project at the start of 2020 have been now published, in Archives of Disease in Childhood Fetal and Neonatal. The writing team involved a range of trainees from FY2 to ST8, and all are included in the authorship list for their contribution. We would like to thank everyone involved in the first stage of the West Midlands KP-SRC project for their hard work. Please find the attached link for the article. [click here](#)

Following our project, the West Midlands' guidelines have been written. University Hospitals Birmingham (Heartlands and Good Hope) and Birmingham Women's Hospital are early adopters units. We have recruited local leads, so please help them out with data collection.

PEM/ Acute paediatrics Subgroup Meeting

We had an exciting brainstorming session for PEM/ Acute Paediatrics on 13th January with lots of ideas and enthusiasm. There was some great discussion and fantastic networking.

Thank you to those who could make it to the meeting and those who sent their ideas. Those who couldn't make it, we are sure there will be an opportunity to get involved in a project you like and shape it. Equally, if you do have a regional collaborative project in mind, please don't hesitate to write to us. We are really looking forward to see how these ideas develop from infancy into incredible projects.

HEEADSSS tool

We are developing a project looking at adolescents and the use of the HEEADSSS tool during paediatric clerking. We have a team of interested people and the leads at trusts have been recruited. We are excited as HEEADSSS project is launched in centres across West Midlands. Thank you to all those collecting data, especially as few of you are being re-deployed due to Covid pressures.

Interesting Article:

Opening doors: suggested practice for medical professionals for when a child might be close to telling about abuse. Marchant R. et al. 2021 Archives Disease and Childhood 106 (2) pp 108-110 [Click here to access the article.](#)

Listening to child's voice is important more than ever before. Especially with lockdown it is even more difficult, as less number of children present to the health care services. This article highlights the importance of 'opening doors,' whilst consulting with children.

85% of sexual abuse in children goes unreported in England, with children and young people reporting higher levels of abuse than those recorded in official statistics.

West Midlands School of Paediatrics Newsletter

The 'Triangle' is an independent organisation in UK which helps children to prepare for interviews in legal proceedings. The 'opening doors', approach has evolved with Triangle's training of forensic interviewers over two decades. The approach itself involves careful, open-minded responding, offering an accessible and safe way to explore possible concerns with children, gently at their own pace.

The article, discusses with the help of a real life case based scenario, how use of open ended questions and non-verbal cues, could enable a child to provide a narrative. This narrative will initiate safeguarding process. Therapeutic support could also be then offered.

We, as paediatricians, will have many opportunities of 'opening doors,' for a child we see and stop the abuse. This is therefore an insightful article, providing positive guidance for professionals.

Neonatal Journal Club:

The neonatal journal club, organised by Dr Negrine and Dr Cawsey, has been running successfully with fantastic participation and great engagement across the West Midlands on 2nd Wednesdays of the month.

On 13th January our fabulous WMNODN AHP team (Katy Parnell, Emma Foulerton and Sara Clarke) presented the following article:

Pineda R et al. 2020 Preterm infant feeding performance at term equivalent age differs from that of full-term infants. *Journal of Perinatology* 40: 646-654. [Click here to access the article.](#)

Here are the summary points from the discussion by Katy Parnell:

Using the Neonatal Eating Outcome Assessment the cohort's feeding skills were assessed to look at:

- The differences that exist
- What aspects of their feeding differed
- Improving the understanding of feeding challenges that continue to exist among preterm infants at term age
- Allowing for targeted interventions to optimise outcomes

101 infants were enrolled (50 pre-terms/51 full-term infants). There were 92 infants included in analysis (44 preterm/48 full-term infants). All 101 infants were accounted for in the article. All infants were subject to similar criteria but there were some differences, particularly the inclusion of 7 preterm infants with cerebral injury. Cerebral injury was an exclusion criteria for the full-term cohort.

The study did find pre-term infants at term equivalent age continued to experience difficulty with oral feeding performance. However there were study limitations acknowledged by the authors including:

- The preterm group were evaluated during a rapid change in feeding skills (Did this introduce variability in performance?)
- There is a period of transition following full-term delivery - feeding performance may evolve in the days/weeks following assessment

West Midlands School of Paediatrics Newsletter

- Assessment was limited to one video recording - was this an optimum feed to assess and to score?
- 7/44 of the preterm cohort had cerebral injury. These findings were acknowledged but not directly discussed in the article.

Overall it was felt the study wasn't perfect but it does appear "real world", with high significance values, fitting clinical experiences and identifying in detail feeding difficulties. It was felt that a larger multi-centre study, with sufficient power would be beneficial. This study is a good starting point.

Are you an ST 6-8 trainee with an interest in education?

Would you be interested in co-ordinating the ST6-8 training days? If so please email an expression of interest to penny.broggio@hee.nhs.uk by Friday 20th February 2021

Dates for your diary: Upcoming Conferences and Events in 2021:

RCPCH Conference Singapore (Virtual): 6-7th March 2021; Abstract submission closed

RCPCH Conference: Date TBC; Abstract submission now open

Neonatal Society Spring Meeting: 4th March 2021; Abstract submission now open; closing date 4th February 2021

Institute of Medical Ethics Conference, Birmingham: 1-2nd July 2021; postponed from July 2020
jENS Conference, Athens: 14-18th September 2021; Abstract submission now open; closing date 12th May 2021

Promoting Paediatrics

Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?

Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career; how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact:
promotingmedicine@gmail.com

Follow us on Instagram: [promotingpaediatrics](https://www.instagram.com/promotingpaediatrics)
Dr Vicki Currie 07783705901

Dr Vishna Rasiah Award 2021

The West Midlands School of Paediatrics invites all educational supervisors, tutors and trainees across the region to nominate ST1-8 trainees for this award.

Dr Rasiah (Vish) had an impressive range of skills – both clinical and non clinical. In addition, Vish was dedicated to improving team wellbeing and enhancing support for families.

To honour his memory, the School of Paediatrics is hosting an award for ST trainees across the West Midlands.

This award is intended to recognise any trainee who has done something, however big or small which enhances wellbeing and care for the multi-disciplinary team or families.



- This award is open to all ST Trainees across the West Midlands within the School of Paediatrics
- Nominations should be submitted by supervisors, tutors and fellow trainees
- The Prize carries a £250 reward* funded by Birmingham Women's & Children's Hospital NHS Trust

**the reward must be put towards an educational activity, e.g. conference, course etc and agreed with the prize winner's Educational Supervisor.*

If you have a trainee whose work should be recognised, please nominate asap. For further information please go to the website:

<https://www.westmidlandsdeanery.nhs.uk/postgraduate-schools/paediatrics/dr-vishna-rasiah-award-2021>

Send your nomination form (available on the website) to facultysupportteam.wm@hee.nhs.uk

Deadline for submissions is Friday 26th February

Other Useful Information:

Reminder – Sickness Reporting

Can all trainees include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS

HEEWM School of Paediatrics Contact List

West Midlands School of Paediatrics Newsletter

Name	Role	Email
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk
Dr Helen Goodyear	Associate Postgraduate Dean	Helen.goodyear@hee.nhs.uk
Dr Matt Cawsey	TPD - ST4-8	matt.cawsey@nhs.net
Dr Clare Onyon	TPD - ST1-3	clareonyon@nhs.net
Dr Annabel Copeman	TPD – General Simulation	acopeman@nhs.net
Dr Matt Nash	TPD – Neonatal Simulation	mnash1@nhs.net
Dr Sarah Ellis	TPD – Assessments	Sarah.ellis@uhcw.nhs.uk
Dr Sagarika Ray	TPD – Quality Assurance	Sagarika.ray@nhs.net
Dr Penny Broggio	TPD Teaching	Penny.broggio@hee.nhs.uk
Dr Rob Negrine	TPD – Neonatal Teaching Programmes	rjsneg@doctors.org.uk
Dr Tarak Desai	Deputy Regional Lead	tarak.desai@nhs.net
Prof Rajat Gupta	Joint Regional Lead	rajatgupta@nhs.net
Dr Mohammad Sawal	Joint Regional Lead	Mohammad.sawal@nhs.net
Prof Andrew Peet	Joint Academic Regional Advisor	A.Peet@bham.ac.uk
Prof Timothy Barrett	Joint Academic Regional Advisor	t.g.barrett@bham.ac.uk
Dr Esai Archary	Postgraduate Clinical Tutor BCH	Esai.archary@nhs.net
Dr Aju Chacko	SAS Rep	Aju.Chacko@swft.nhs.uk
Dr Bridget Wilson	LTFT Advisor	Bridget.wilson2@nhs.net
Dr Nisha Pargass	MTI Lead	Nisha.pargass@nhs.net
Dr Anna Smith Dr Ceri Chadwick Dr Isha Nijjar	ST4-8 Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Sivakami Balasubramanian	IMG Trainees' Representative	westmidlandspaediatrics@gmail.com
Dr Laura Kelly	RCPCH WM Trainee Rep	westmidlandspaediatrics@gmail.com
Dr Elke Reunis Dr Hannah Coakley	ST1-3 Trainee Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Shona Brothwell	Trainee Welfare Rep	westmidlandspaediatrics@gmail.com
Dr Anna Darbyshire	Committee secretary	westmidlandspaediatrics@gmail.com
Dr Hannah Cooper Dr Sahiti Koneru Dr Susanne Elliott Dr Ashish Patel	LTFT Trainee Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Elizabeth Baranowski	Academic Trainee Lead	westmidlandspaediatrics@gmail.com
Dr Amy Walker	West Midlands Stepping up Champion	rcpchsteppingupwestmids@gmail.com
Ruth Witcombe	Regional Teaching	ruth.witcombe@nhs.net
HEEWM Contacts		
Faculty Support Team		Facultysupportteam.wm@hee.nhs.uk

West Midlands School of Paediatrics Newsletter

Programmes Team	Programmes.wm@hee.nhs.uk
Assessments Team	Assessments.wm@hee.nhs.uk
Quality Team	qamedical.wm@hee.nhs.uk
QA – Reporting concerns	escalatingconcerns.wm@hee.nhs.uk
Revalidation	raineerevalidation.wm@hee.nhs.uk
ARCP Appeals	ARCPappeals.wm@hee.nhs.uk
Professional Support Unit	Psu.wm@hee.nhs.uk
Supported Return to Training	supportt.wm@hee.nhs.uk
National Recruitment	PaedsNRO@hee.nhs.uk